



**VTTA (Wessex Group) incorporating South District Championship Event 25<sup>th</sup> August 2019** *promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

**COURSE NUMBER: P901/25**

**Distance: 25 Miles**

**Short Description: Fontwell/Tangmere/Westhampnett/Arundel - A27**

### **Officials**

Timekeepers Kathy-Collard Berry (...a3crg) Peter Delve (BRCC)

Recorder Shelley Trimmer (SDV)

Event Secretary Kim Piper, 24 Pipers Mead, Birdham, Chichester, West Sussex PO20 7BJ Telephone number 07920762155 email [kimlouisepiper@gmail.com](mailto:kimlouisepiper@gmail.com)

### **Awards**

First fastest £30

Second fastest £20

Third fastest £10

Fastest Lady £30

Fastest Junior £20

### **FULL COURSE DESCRIPTION**

**START** in Denmans Lane , west of Fontwell Race Course at a point 10 yard North of GPO Pillar Box and 10 yards South of junction with A27. (SU 934072). **PROCEED** to A27 and turn **LEFT** to join A27. Proceed West to Tangmere RAB where straight across to continue on A27.

Take slip road up Tangmere Flyover on A285 to South RAB. Turn **RIGHT, 2nd Exit**, to cross the flyover to North RAB. (3.2 Miles).

Take **1st Exit** and continue north on A285 for 500 yards to Temple Bar. Turn **LEFT** on to an unclassified road to Westhampnett RAB (4.86 Miles) (SU 877060).

Take 1ST Exit on to old A27 to Portfield RAB where take 1st Exit on to A27 Westhampnett By-pass and proceed under Tangmere Flyover to Tangmere RAB where straight across to continue on A27 to Fontwell West RAB.

Take 1st Exit to Fontwell East RAB where take 2nd Exit to stay on A27 to Arundel West RAB where:

**TURN** (14.18 Miles) ( TQ 013069).

**RETRACE** on A27 through START back to Tangmere Flyover to take slip road A285 up to South RAB (21.98 Miles) (SU 896066).

Turn **RIGHT 2nd Exit** as before to cross the flyover to North RAB (22.1 Miles)

Then turn **RIGHT, 2<sup>nd</sup> Exit** to rejoin A27 eastbound.

**PROCEED** East on A27 to Tangmere RAB where straight across to stay on A27 to:

**FINISH** at eastern end of crash barrier on North side of A27 by entrance to field, 220 yards east of Britten's Lane and approximately 270 yards short of the START (25 Miles) (SU 942072)

**NOTE** It is the responsibility of the rider to proceed northwards from Tangmere Flyover North RAB at 3.2 miles and to turn Right at the same RAB at 22.1 miles

### **EVENT HEADQUARTERS**

Aldingbourne Community Sports Centre

### **SAFE ROUTES TO START**

The safe route from the Aldingbourne Community Sports Centre is turn left on to the A29 and proceed north via Westergate Street, Nyton Road and Fontwell Avenue to turn **LEFT** on Level Mare Lane and **RIGHT** into Denmans Lane.

### **SAFE ROUTES FROM FINISH**

The safe route back to Aldingbourne Community Sports Centre is to take the first exit at Fontwell West RAB after the FINISH to stay on A27. Then turn 1st **LEFT** into Duke's Road and immediately **LEFT** again to take the subway under the A27 to London Road to approach Fontwell West RAB from the East.

Turn **LEFT** and retrace to the Headquarters on the A29 via Fontwell Avenue, Nyton Road and Westergate Street. If riders do not wish to use the subway

then they must still turn LEFT at Fontwell West RAB and proceed to Fontwell East RAB and encircle to retrace to Fontwell West RAB.

**Any rider turning RIGHT at Fontwell West RAB to leave the A27 in either a Club Event or an Open Event MUST be disqualified. Observers may be in attendance along the course.**

### **SAFETY INSTRUCTIONS**

Riders must:

- not cross the A27 in the Start and Finish areas or make u turns in this vicinity
- use the recommended safe routes to the Start and to return to the Headquarters
- not warm up on the Course
- exercise care at the following locations
  - crossing Tangmere RAB both ways
  - turning LEFT at Temple Bar. Caution 150-degree change of direction
  - passing exit and acceleration lanes at Tangmere Flyover
  - descending Hospital Hill to roundabout TURN at Arundel West RAB
  - negotiating all roundabouts particularly at Fontwell
  - passing all acceleration lanes from "B" and unclassified roads joining the A 27
- not turn RIGHT at Fontwell West RAB after the FINISH but should continue on A27 to turn LEFT into Duke's Road to return to the Event Headquarters.

**Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport should be disqualified and reported to the South District Council**

### **Hard Shell**

"All competitors in this event are required to wear HARD SHELL HELMETS, which should meet an internationally accepted safety standard".

### **SAFETY REAR LIGHTS**

"In the interests of your Own Safety, Cycling Time Trials and the Event Promoters strongly advise competitors that a working rear light, either flashing or fixed, is fitted to your machine in a position clearly visible to following road users". This is to alert motorists to the competitor's presence on the highway and give them time to make driving alterations if necessary.